BEAUFORT COUNTY
PUBLIC HEALTH
NORTH CAROLINA

Contact Log

Record here the list of close contacts that you have had starting 48 hours (2 days) before your became ill with symptoms that led you to consult a health care provider to be tested for COVID-19. Close contacts are considered to be someone that you were in face to face contact with, 6 feet or less apart, for 10 minutes or more.

Contact name	Date and time	Did this person come within 6 feet of you? Yes or No	Did you spend 10 minutes or more with this person? Yes or No	Relationship to You	Phone number	Comments (location/setting, etc.)